

SCHEDULE FEB 2022 BATCH			
	February 20th to March 6th		March 7th to March 21st
	5 pm to 7 pm		5 pm to 7 pm
February 20th	Introduction	March 7th	Depression theory
February 21st	REBT theory	March 8th	Depression theory
February 22nd	REBT theory	March 9th	Depression theory
February 23rd	REBT theory (Disputation)	March 10th	Anxiety
February 24th	REBT theory	March 11th	OCD
February 25th	REBT theory + practice	March 12th	OCD
February 26th	Supervision (11 am to 5 pm)	March 13th	Anxiety
February 27th	CBT Theory	March 14th	Anxiety
February 28th	CBT Theory	March 15th	Practice
March 1st	CBT Theory	March 16th	Group therapy
March 2nd	CBT Theory	March 17th	Practice
March 3rd	CBT theory	March 18th	Holiday (Holi)
March 4th	Practice	March 19th	Revision
March 5th	Holiday	March 20th	Peer Supervision. 11 am to 5 pm
March 6th	Assignment & Test		
Color Key		- Dr Shishir	
		- Rohan & Yogita	